Begin *your* Roads to Good Health with *your* yearly wellness exam.

For more information ask your doctor or clinic that takes Medicaid. Your Medicaid Regional Office can provide you with information on wellness services.

You may also call *1-800-421-2408*

Ask your provider about Medicaid wellness benefits today!

No Copayment!

Not counted as an office visit!

Mississippi Medicaid
Roads to Good Health

Governor Haley Barbour's
Healthy MISSISSIPPI
INITIATIVE

Revised 06.01.2007 FXR

Begin *your* Roads to Good Health with *your* yearly wellness exam.

Mississippi Medicaid is using preventive health services to help you prevent illness and create a *Healthier Mississippi*. Ask your health-care provider which of the following wellness services are right for you:

- Screening for Heart Disease – Your doctor may take blood to test your cholesterol, lipid, and triglyceride levels so he or she can help you prevent a heart attack or stroke.
- Screening for Colon or Rectal Cancer – These tests help find growths before they become cancer so your doctor can remove them to prevent cancer. They also help find cancer early, when the treatment works best.
- Diabetes Screening Blood Test – This test helps your doctor know if you have or are prone to have diabetes.
- Screening Eye Test for Glaucoma – Glaucoma is a painless eye disease, and if it is not treated, it can cause blindness. The eye doctor will test your eyes for glaucoma.
- Pap Test and Pelvic Exam for Women – Your health-care provider would do this test to check for cancer of the cervix and/or vagina.
- Mammogram for Breast Cancer for Women – Your health-care provider can order a mammogram to check for breast cancer.
- Bone Mass Measurements to Test for Osteoporosis – If you are age 65 or older, your health-care provider may want to use this test to see if you need medicine to strengthen your bones.
- Prostate Cancer Screening for Men – Your health-care provider can test you for prostate cancer each year, beginning at age 50. If you are African-American, your health-care provider may want to test you when you turn 45.
- Flu and Pneumonia Shots – Flu and pneumonia are respiratory illnesses. Your physician may want you to have a flu shot, and if you have never had one, a pneumonia shot.

Your preventive health visit *does not count* against your 12 office visits and you do not have to pay a copay.

Mississippi Medicaid

Roads to Good Health

06.01.07/06.05.07