



Begin ***your*** Roads to Good Health with ***your*** yearly wellness exam.

For more information ask your doctor or clinic that takes Medicaid. Your Medicaid Regional Office can provide you with information on wellness services.

You may also call **1-800-421-2408**

***Ask your
provider
about
Medicaid
wellness
benefits
today!***



**No Copayment!
Not counted as
an office visit!**



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Mississippi Medicaid is using preventive health services to help you prevent illness and create a ***Healthier Mississippi***. Ask your health-care provider which of the following wellness services are right for you:

- Screening for Heart Disease – Your doctor may take blood to test your cholesterol, lipid, and triglyceride levels so he or she can help you prevent a heart attack or stroke.
- Screening for Colon or Rectal Cancer – These tests help find growths before they become cancer so your doctor can remove them to prevent cancer. They also help find cancer early, when the treatment works best.
- Diabetes Screening Blood Test – This test helps your doctor know if you have or are prone to have diabetes.
- Screening Eye Test for Glaucoma – Glaucoma is a painless eye disease, and if it is not treated, it can cause blindness. The eye doctor will test your eyes for glaucoma.
- Pap Test and Pelvic Exam for Women – Your health-care provider would do this test to check for cancer of the cervix and/or vagina.
- Mammogram for Breast Cancer for Women – Your health-care provider can order a mammogram to check for breast cancer.
- Bone Mass Measurements to Test for Osteoporosis – If you are age 65 or older, your health-care provider may want to use this test to see if you need medicine to strengthen your bones.
- Prostate Cancer Screening for Men – Your health-care provider can test you for prostate cancer each year, beginning at age 50. If you are African-American, your health-care provider may want to test you when you turn 45.
- Flu and Pneumonia Shots – Flu and pneumonia are respiratory illnesses. Your physician may want you to have a flu shot, and if you have never had one, a pneumonia shot.

Your preventive health visit does not count against your 12 office visits and you do not have to pay a copay.

